Procedures for VEGF-D specimen collection, processing, and shipping to the TTDSL Lab

Questions? Contact us at <u>TTDSL@cchmc.org</u> for the quickest response (typically within one business day).

(A) Sample type: whole Blood in SST (for on-site collection in Cincinnati only)

- (1) Collect approximately \geq 3 ml of whole blood in a serum separator tube (SST) by venipuncture.
- (2) Immediately invert the sample 8-10 times.
- (3) Process according to steps B3-B5 below and transport at ambient temperature to the TTDSL

OR

directly transport at ambient temperature to the TTDSL within 2 hrs of draw.

(B) Sample type: serum (for shipment to Cincinnati)

- (1) Collect approximately \geq 3 ml of whole blood in a serum separator tube (SST) by venipuncture.
- (2) Immediately invert the sample 8-10 times.
- (3) Allow the sample to sit upright for at least 30 min at room temperature for proper clotting. Proceed to next step within 2 hrs of collection.
- (4) Centrifuge for ~15 min at 1250 g (relative centrifugal force (RCF).
- (5) Transfer the layer of serum above the separator gel from the tube immediately into a sealable, leak proof container (e.g. cryovial, polypropylene 15 ml Falcon tube). Label container with at least 2 unique patient identifiers matching the information on request form. Seal the container.
- (6) If sample is being shipped the same day as the sample collection:
 - Store specimen at ambient temperature until pickup (Do NOT store at 4°C).
 - Ship sample ambient via Fedex priority overnight in a Styrofoam insulated box packed with absorbent material that strictly limits movement of the sample container. If available, encircle the tube with <u>ambient</u> gel packs to help mitigate temperature changes during shipment. Be sure to comply with all applicable shipping regulations (IATA-DGR).
 - TTDSL must receive the shipment within 24 hours of shipment. It is highly recommended to draw the sample in the afternoon to maximize the available transit time to our laboratory.
- (7) If the sample cannot be shipped on the day of collection:
 - Store serum at \leq -20°C until scheduled shipment.
 - Send specimen on dry ice via Fedex priority overnight. Ensure that packages are shipped in compliance with all applicable Federal/State regulations.
 - TTDSL must receive the sample frozen to ensure a valid test result.
- (8) Ship to:

Translational Trials Development and Support Laboratory (TTDSL) Cincinnati Children's Hospital Medical Center 240 Albert Sabin Way S11.400, MLC 7013 Cincinnati, OH 45229 **The TTDSL is open M-F 8 am - 5 pm EST** **We cannot receive shipments on Saturdays, Sundays, or Federal holidays**

CLINICAL VEGF-D SAMPLE REQUISITION Translational Trials Development and Support Lab Division of Experimental Hematology & Cancer Biology 240 Albert Sabin Way, S11.400, MLC 7013 Cincinnati, OH 45229-3039 Phone: (513) 636-5998; FAX: (513) 636-1446 email <u>ttdsl@cchmc.org</u>		
Specimen Information (All patient specimens <u>must</u> have a secondary identifier in addition to the name)		
Patient Name or Specimen ID: MRN:		
DOB: Sex: Collection	Date: Collection	Time:
Referring Institution/Lab:	Requesting Physician:	
Authorized Contact Name:	Authorized Contact Phone:	
Authorized Contact Signature:		
Send Report To:	Send Copy Of Report To Cir	ncinnati Physician:
Name:	— Dr. Frank McCormack	
Address:	🗌 🗆 Dr. Nishant Gunta	
City/State/Zip:		
Email: Fax:		
Billing Information (check one and complete)		
Commercial Insurance/Policy Holder Information Member Name (if different than patient): Member ID Number: Insurance Provider: Address: Phone: Fax:		
□ Bill Referring Institution/Lab: Add Cit Client code (if applicable): Ph	Contact Name:	
Specimen Type (see collection procedures sheet for more information)		
Local sample: $\Box \ge 3$ ml whole blood in a serum separator tube (SST)	Shipped sample: $\Box \ge 1$ ml serum isolated from blood collected in a serum separator tube (SST)	
□ ≥ 1 ml serum isolated from blood collected in a serum separator tube (SST) and processed within 2 hr of collection	Check one: □ Fresh (shipped at ambient temperature on day of collection) □ Frozen (shipped on dry ice)	
	Store serum at ambient temperature or	\leq -20°C. Do NOT store at 4°C.
TTDSL USE ONLY		
Sample Receipt: Tech ID: Date: Time:		
Verify Cerner Entry: Tech ID: Date:		
Comments:		