Dear [name of newspaper editor, TV health reporter],

June is Worldwide LAM Awareness Month (WWLAM).

Lymphangioleiomyomatosis (LAM) is a rare, fatal lung disease that usually strikes women during the prime of their lives. This disease is characterized by an abnormal growth of smooth muscle cells, especially in the lungs, lymphatic system and kidneys.

Over 3,500 women globally (2,000 in the United States) have been diagnosed with LAM, but it is suspected there may be as many as 250,000 undiagnosed or misdiagnosed patients living with LAM. Most women with LAM have symptoms for several years before being properly diagnosed.

Of the 7,000 known rare diseases, LAM is one of only 500 with a treatment. While many women with LAM add several years to their lives through available treatments, oxygen therapy, or lung transplantation, there is no cure for this fatal disease. The LAM Foundation believes that this problem is potentially solvable in our lifetimes, and so do I.

**WWLAM is a month to raise awareness of lymphangioleiomyomatosis (LAM).** During the month of June, I will join other women with LAM, their family and friends, scientists and clinicians and The LAM Foundation to build awareness about this disease. To learn more, go to [www.thelamfoundation.org/wwlam](http://www.thelamfoundation.org/wwlam).

Our local doctors [names of doctors and medical facility] are treating women with LAM like me and instilling a sense of inspiration every day. I, along with the LAM community, thank them for their work and dedication to helping women like me live longer, healthier lives.

The LAM community isn’t a group I would have chosen to join, but today I am proud to be a part of this strong society of women. We are working together to find a cure.

Sincerely,

Your Name
City(s) of Residence

*The LAM Foundation urgently seeks safe and effective treatments, and ultimately a cure, for lymphangioleiomyomatosis (LAM) through advocacy and the funding of promising research. We are dedicated to serving the scientific, medical and patient communities by offering information, resources and a worldwide network of hope and support. For more information, visit [www.thelamfoundation.org](http://www.thelamfoundation.org).*