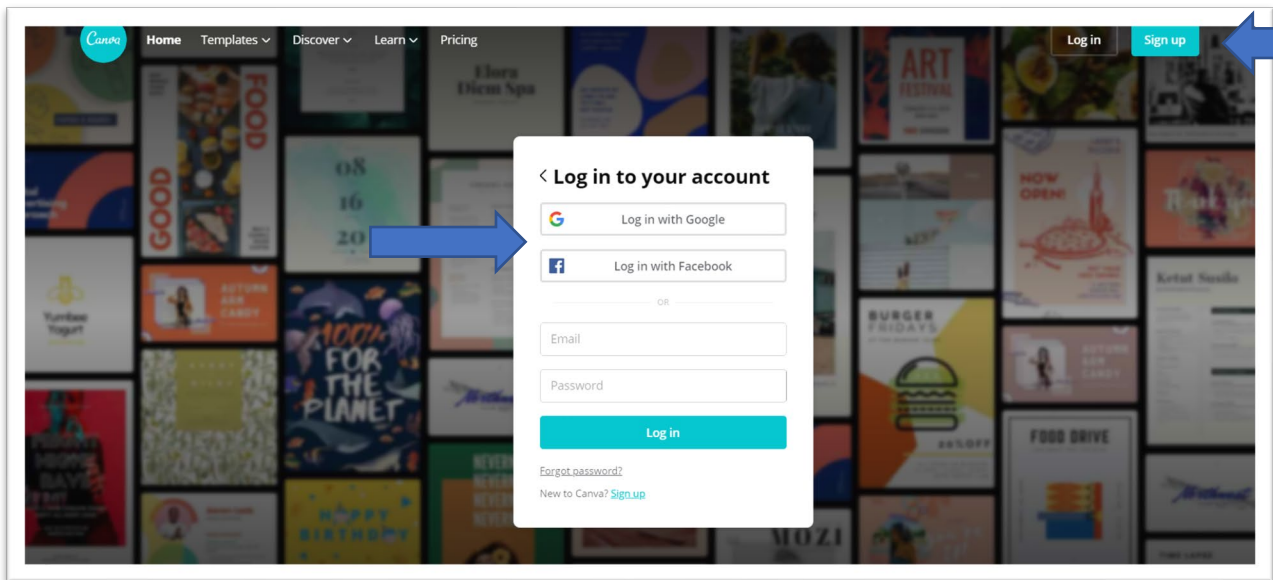
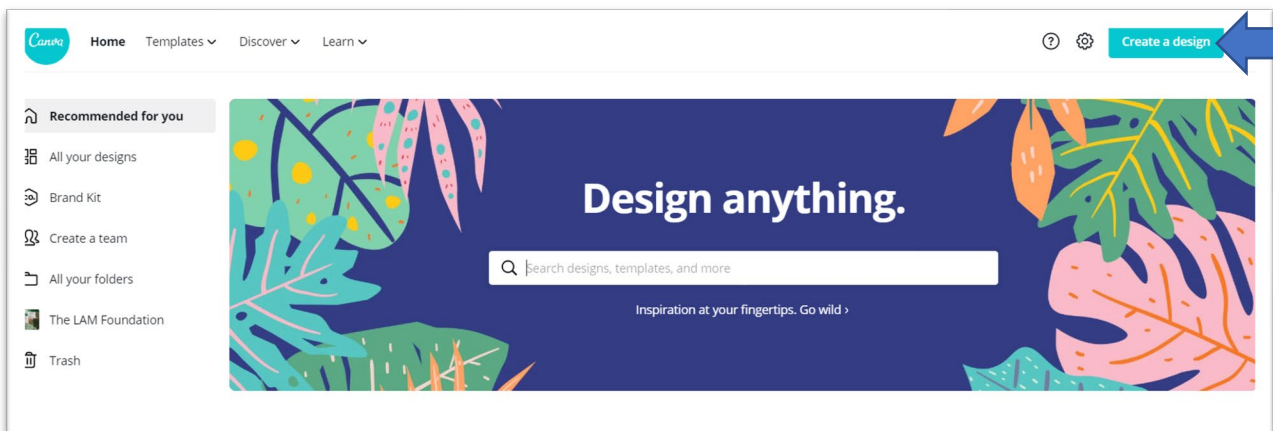


How-To Edit Worldwide LAM Awareness Month Digital Graphic

1. Save the Worldwide LAM Awareness Month Digital Graphic to your desktop or mobile photo album.
2. Go to [canva.com](https://www.canva.com).
3. Log in or sign up using the prompts to create a free account.

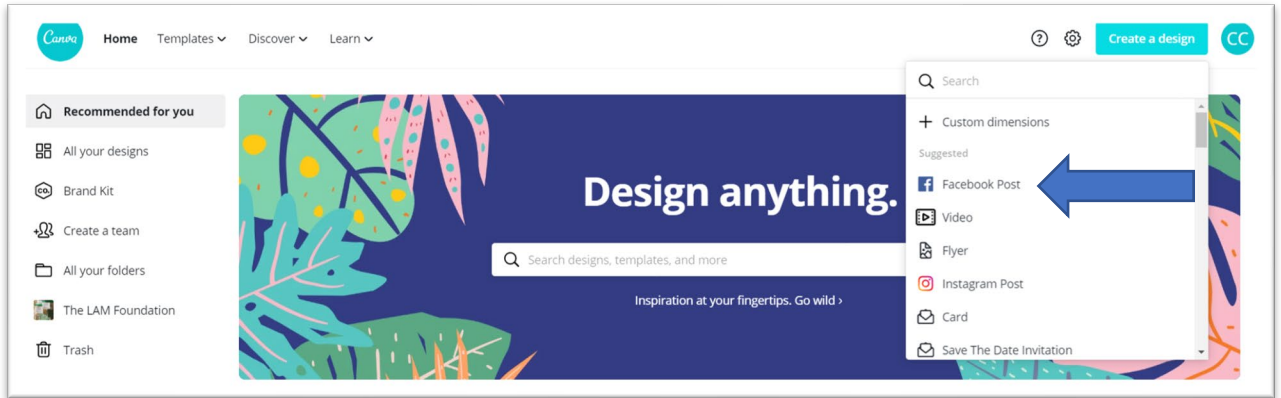


4. Click "Create a design" button.

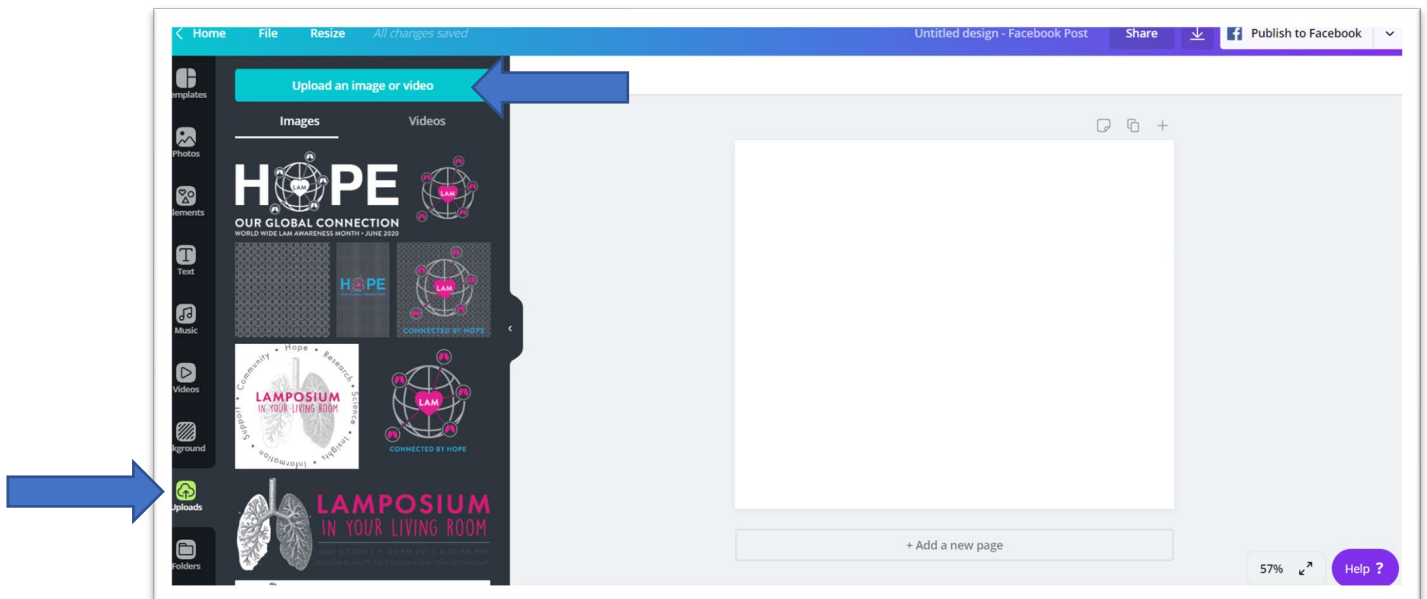


5. Select Facebook Post.

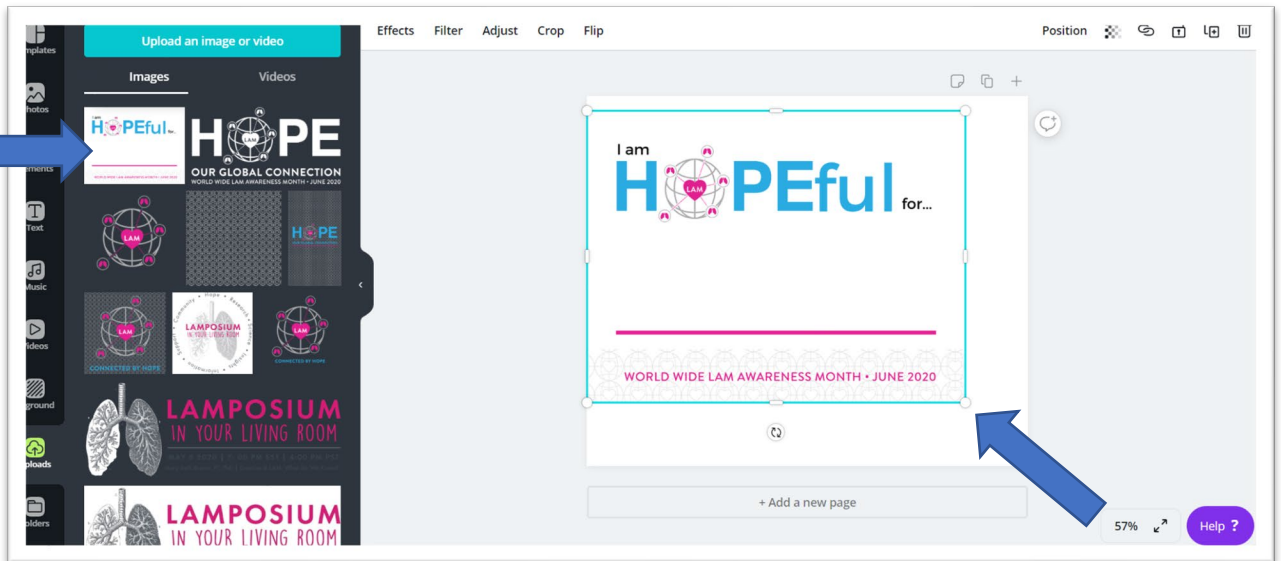
*Note: If Facebook Post does not appear as an option, simply type it into the above search bar.



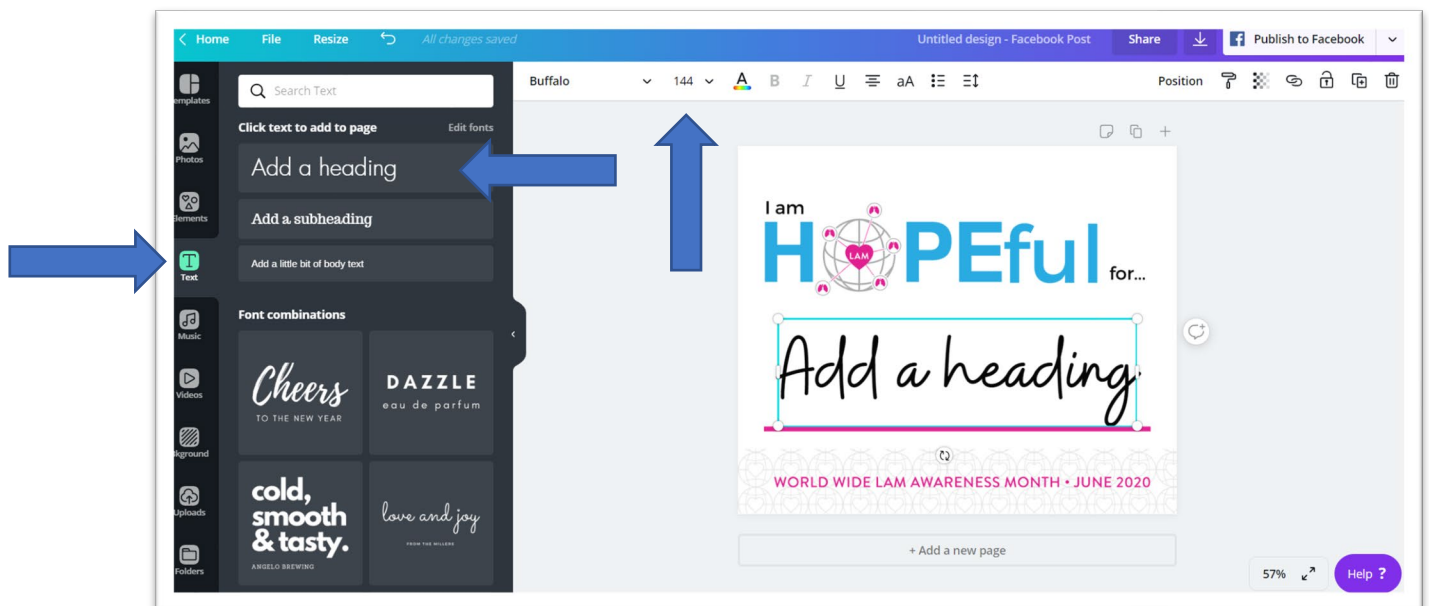
6. On the left-hand menu, click on the “upload” button. Then, click “upload” again, and select the WWLAM Digital Graphic.



7. Click on the uploaded photo. Expand it to fit the size of the artboard by using the dots in the corners and pulling them outward. Adjust the photo to ensure it is centered by moving it left and right until you see a blue line.



- To add text, click the “text” button on the left-hand menu and select “add a heading.” Choose your font style, font size, and font color by using the drop-down from the top menu.



- Add a title to your graphic. Then, download using the button in the upper right-hand corner where it says, “Publish to Facebook.” You can follow the steps prompted to you by clicking “Publish to Facebook” or download to your desktop by clicking the “Download” button.



10. Choose PNG as your file type and download!
11. Post your custom Worldwide LAM Awareness Month digital graphic on your social media! Don't forget to tag The LAM Foundation and use the hashtag #WWLAM.